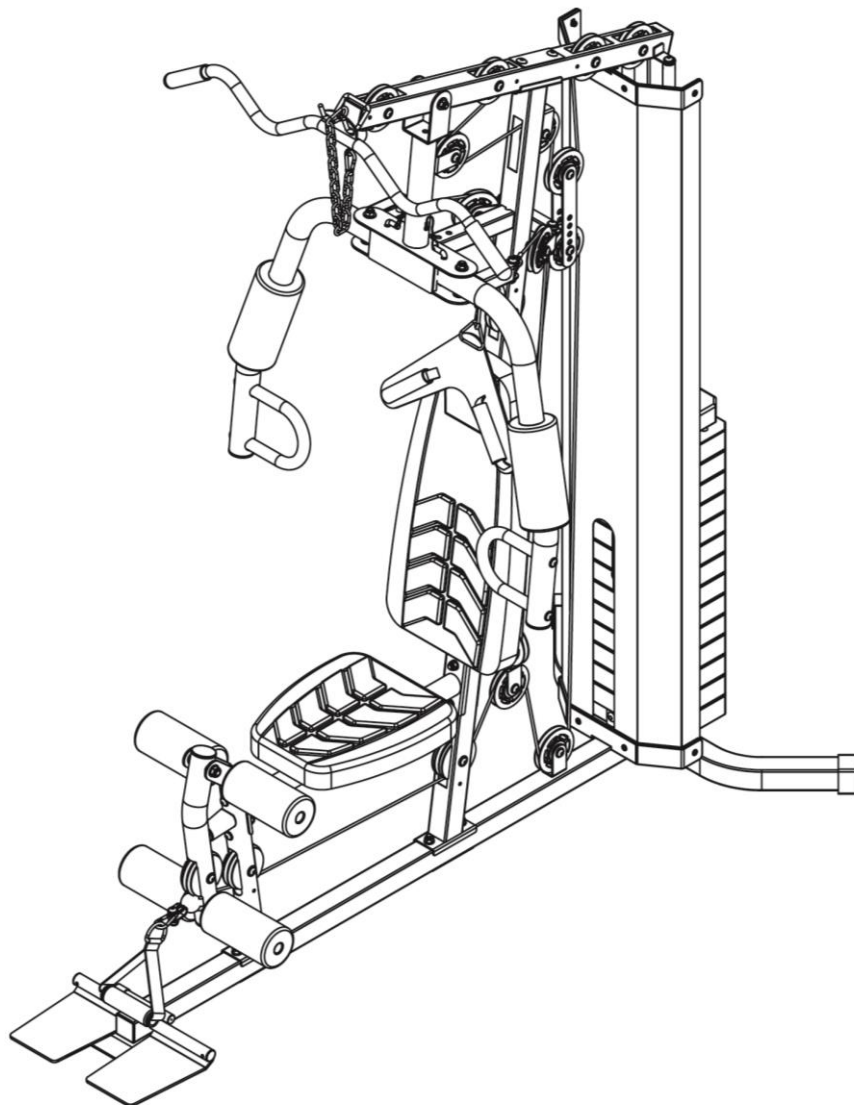


MARCY®

HOME GYM

MWM-4965



IMPORTANT: Please read the Important Safety Notice and Assembly Information in the Owner's manual before assembling this product.

Assembly Manual

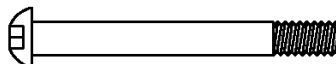
181001



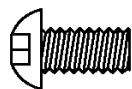
④9 × 8



⑤0 × 4



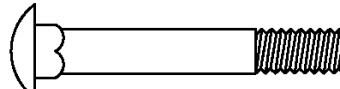
⑤1 × 2



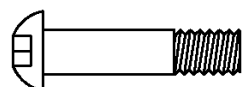
⑤2 × 10



⑤3 × 1



⑤9 × 10



⑤4 × 10



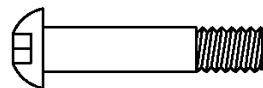
⑥0 × 10



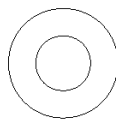
⑥1 × 6



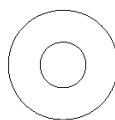
⑥2 × 52



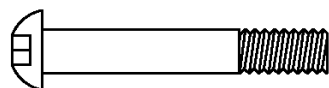
⑤5 × 2



⑥3 × 2



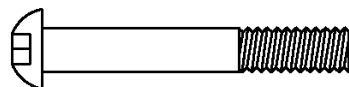
⑥4 × 6



⑤6 × 10



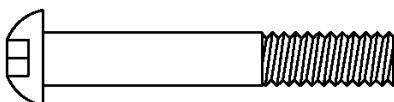
⑥5 × 1



⑤7 × 2



⑥6 × 2



⑤8 × 1



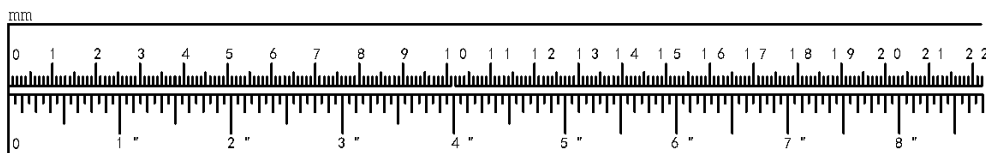
⑥7 × 1

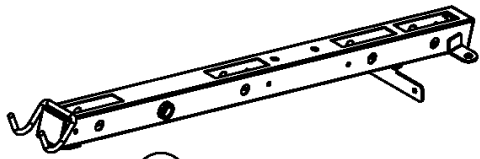


⑥8 × 43

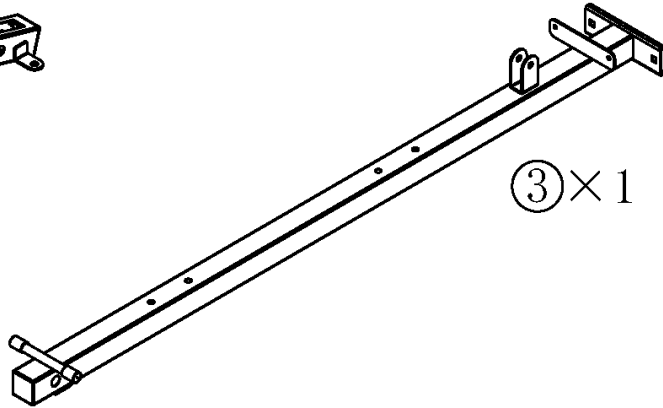


⑥9 × 2

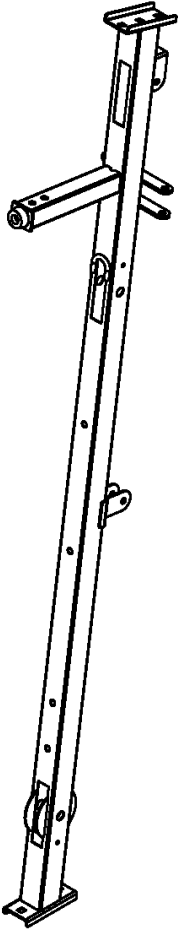




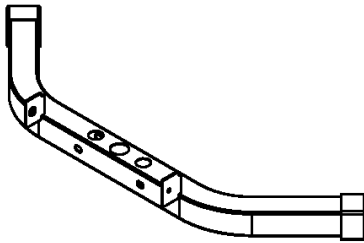
①×1



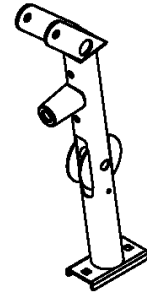
③×1



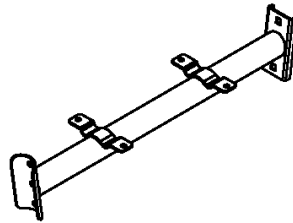
②×1



④×1



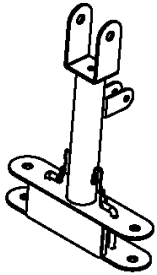
⑤×1



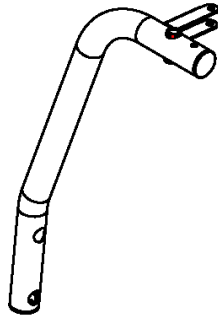
⑥×1



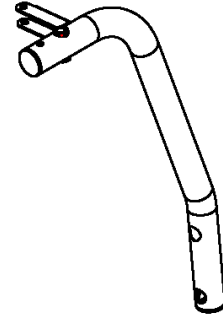
⑦×1



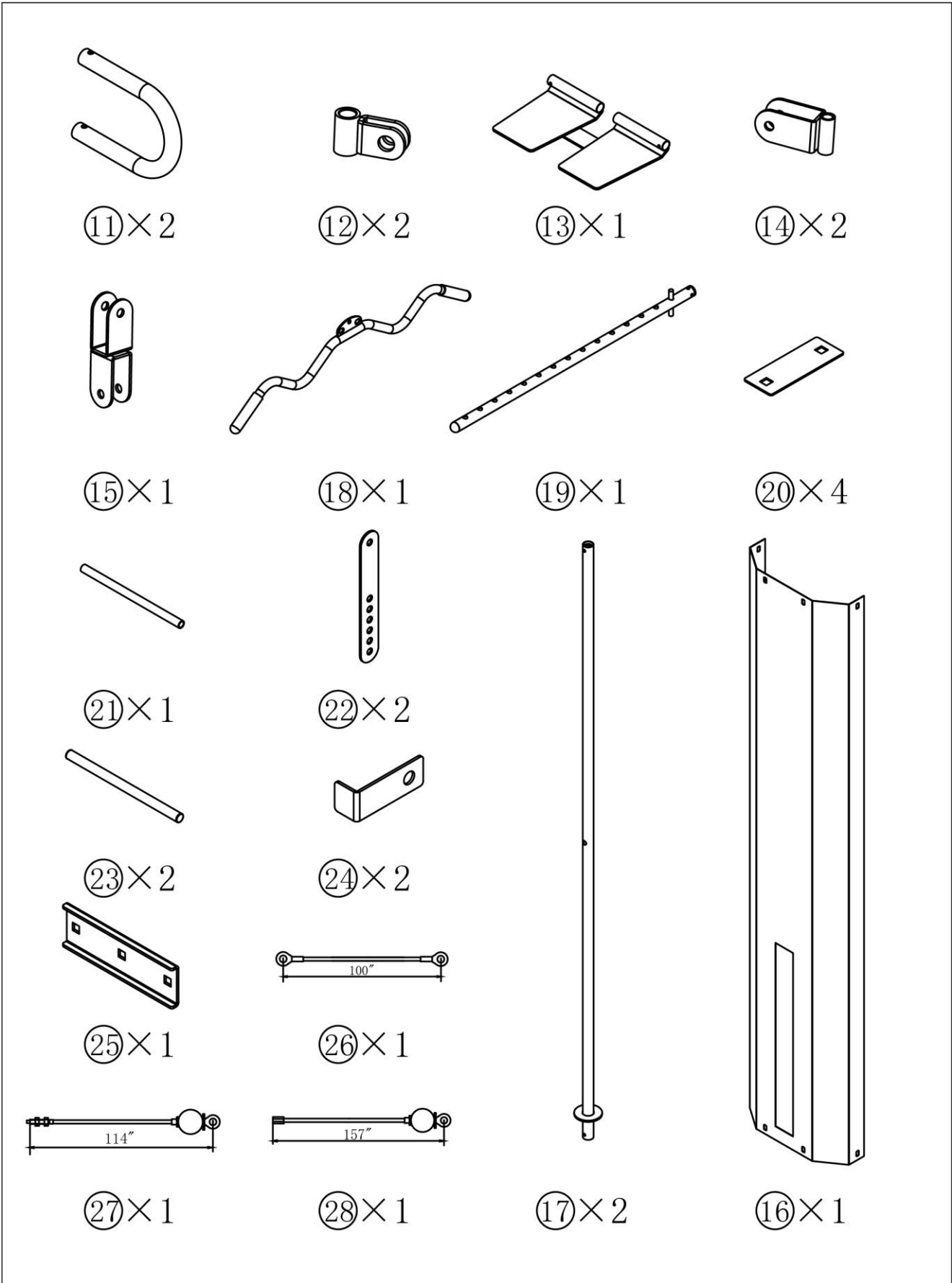
⑧×1

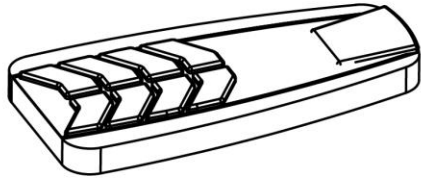


⑨×1

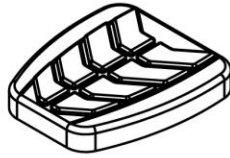


⑩×1

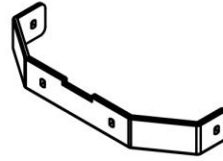




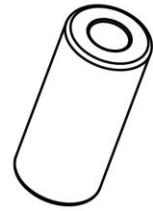
②9×1



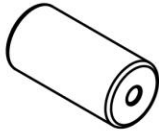
③0×1



③1×2



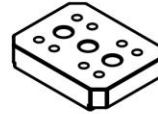
③2×2



③3×4



③5×14



③6×1



③7×18



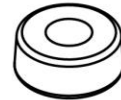
③8×1



③9×1



④0×1



④1×2



④2×1



④3×1



④4×2



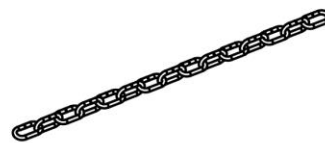
④5×16



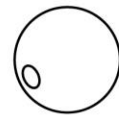
④6×1



④7×4




④8×1



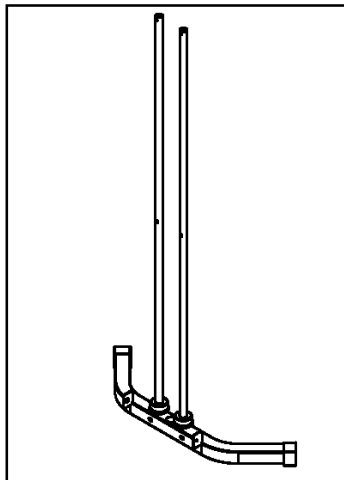
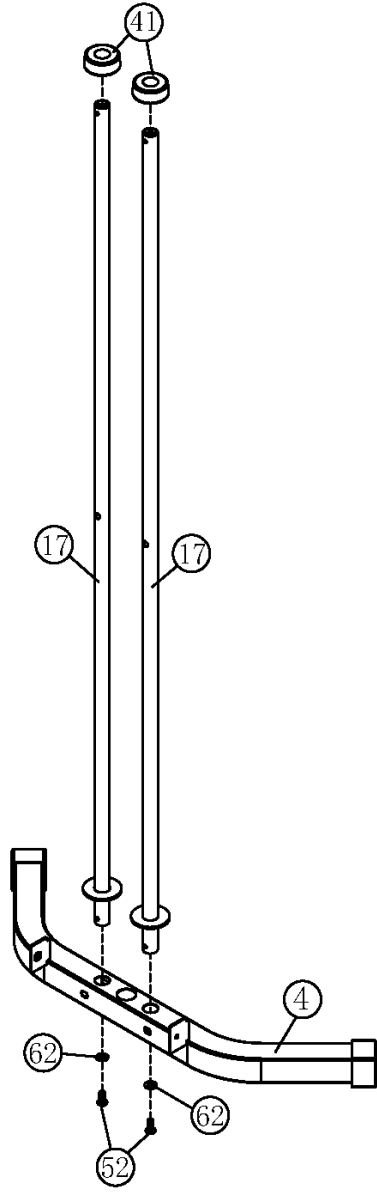
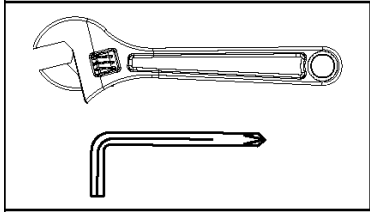
④3×1



⑧4×1

⑤②  2 M10 × $\frac{3}{4}$ "

⑥②  2 $\varnothing \frac{3}{4}$ "

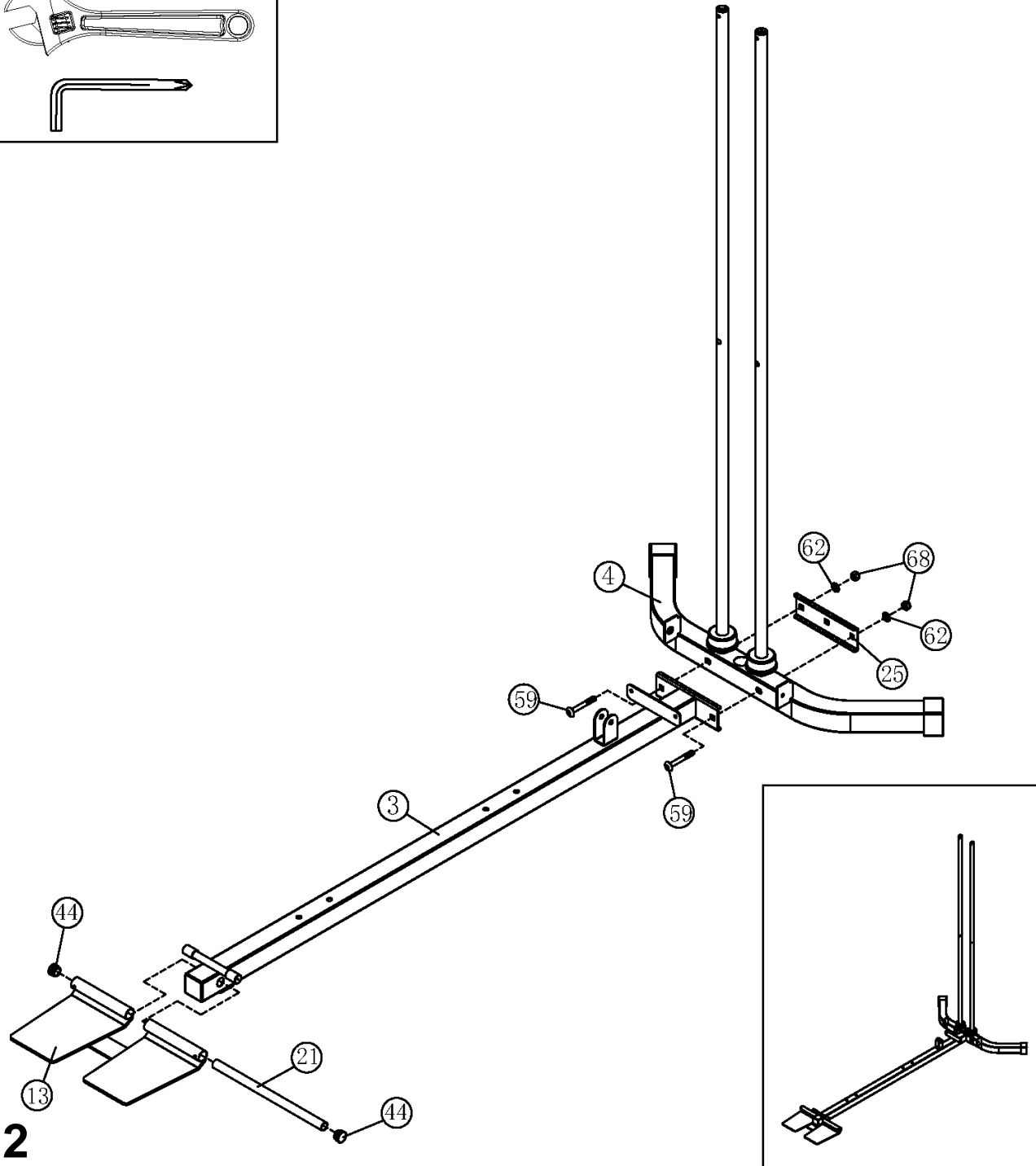
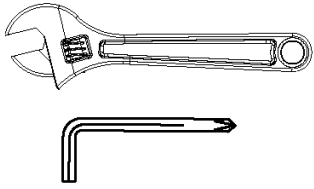


1

⑤⑨  2 M10×2 $\frac{3}{4}$ "

⑥②  2 $\varnothing \frac{3}{4}$ "

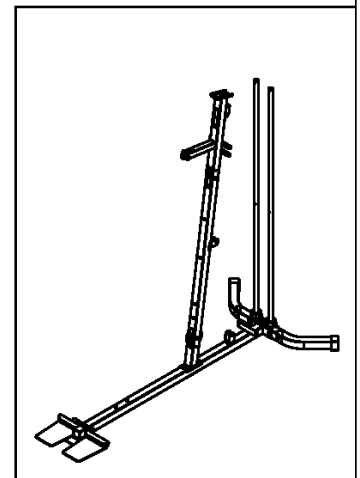
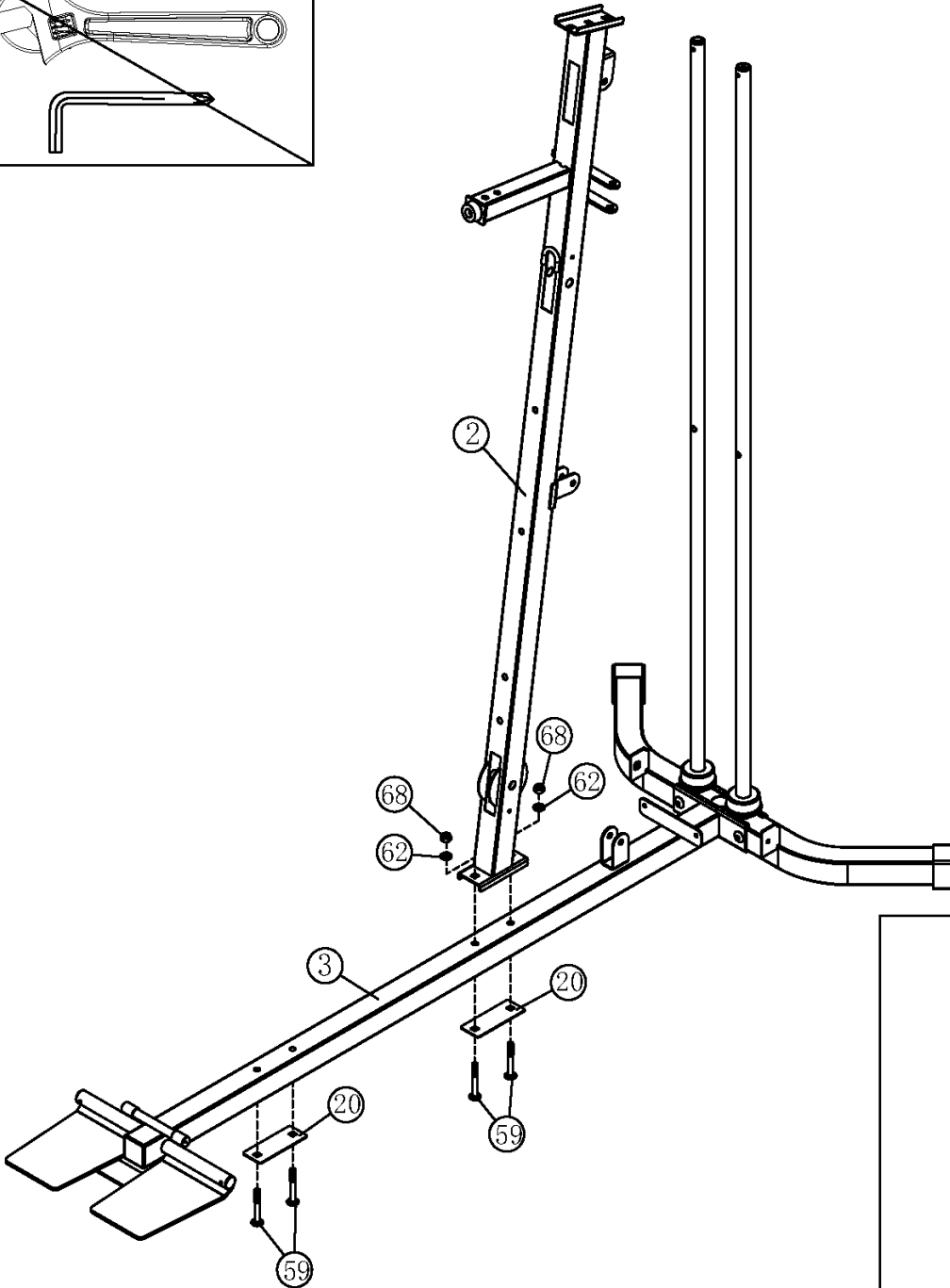
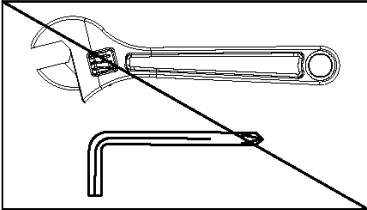
⑥⑧  2 M10



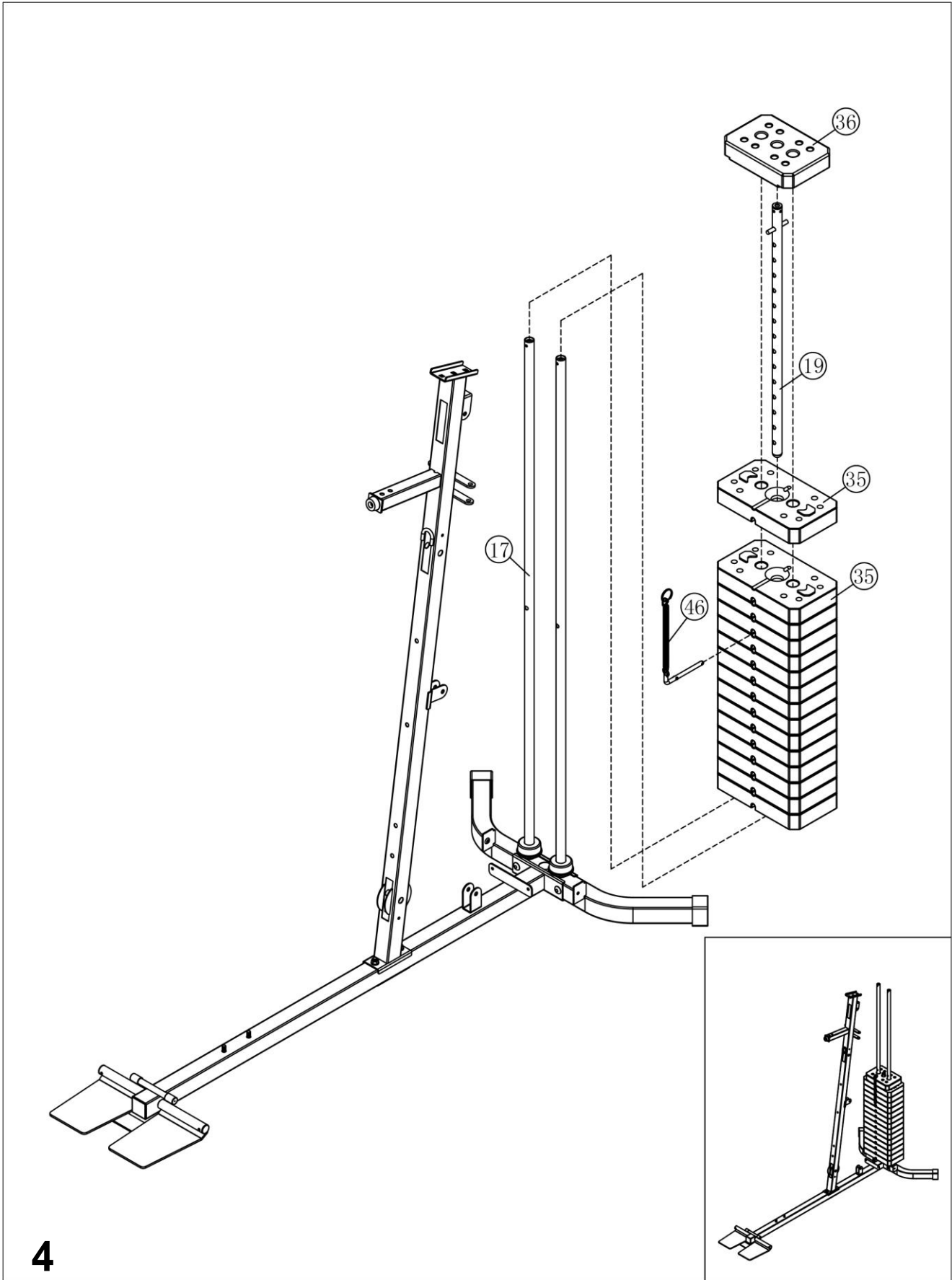
⑤⑨  4 M10×2 3/4"

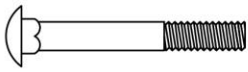
⑥②  2 Ø 3/4"

⑥⑧  2 M10



3

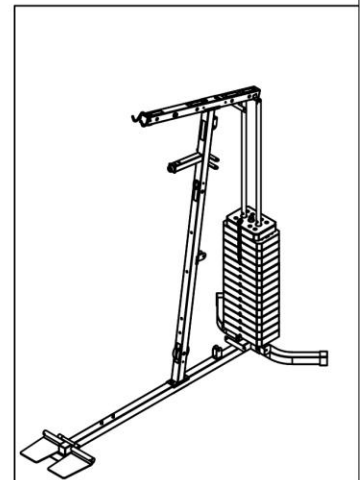
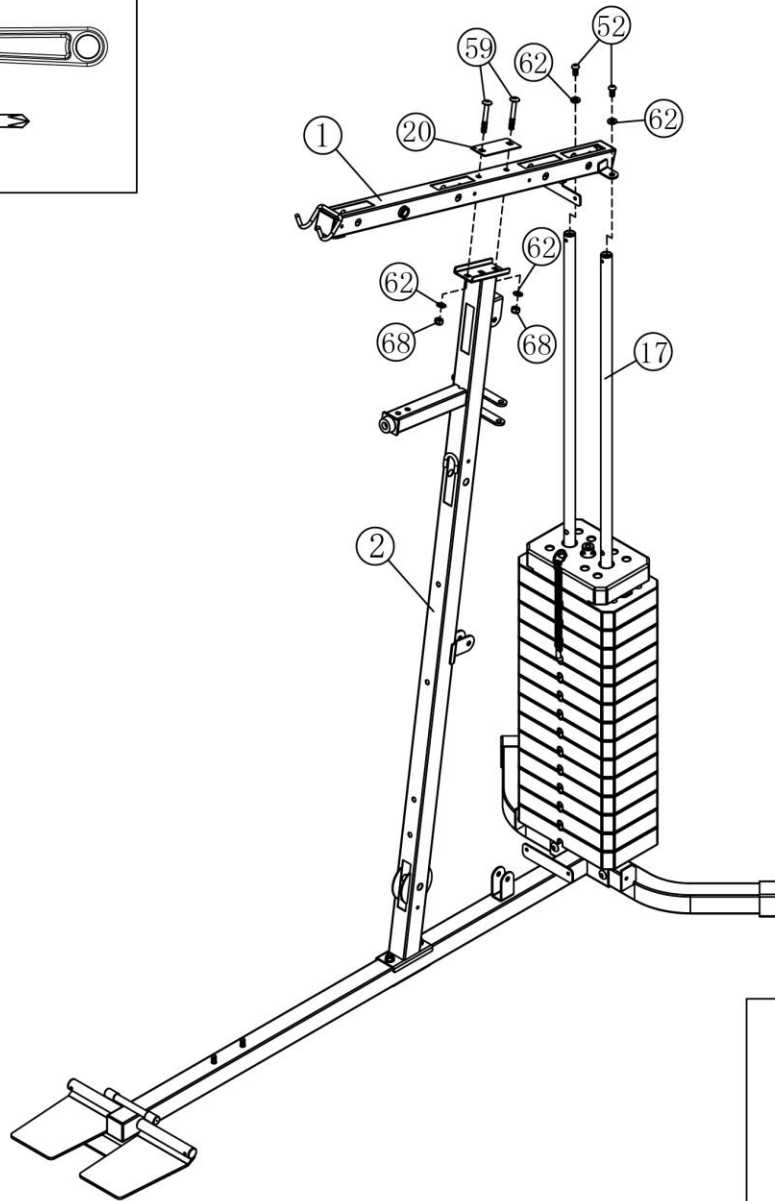
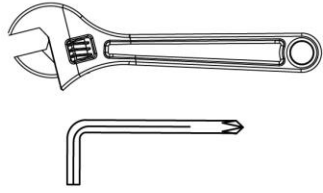


⑤⑨  2 M10×2 3/4"

⑤②  2 M10× 3/4"

⑥②  4 $\varnothing \frac{3}{4}$ "

⑥⑧  2 M10



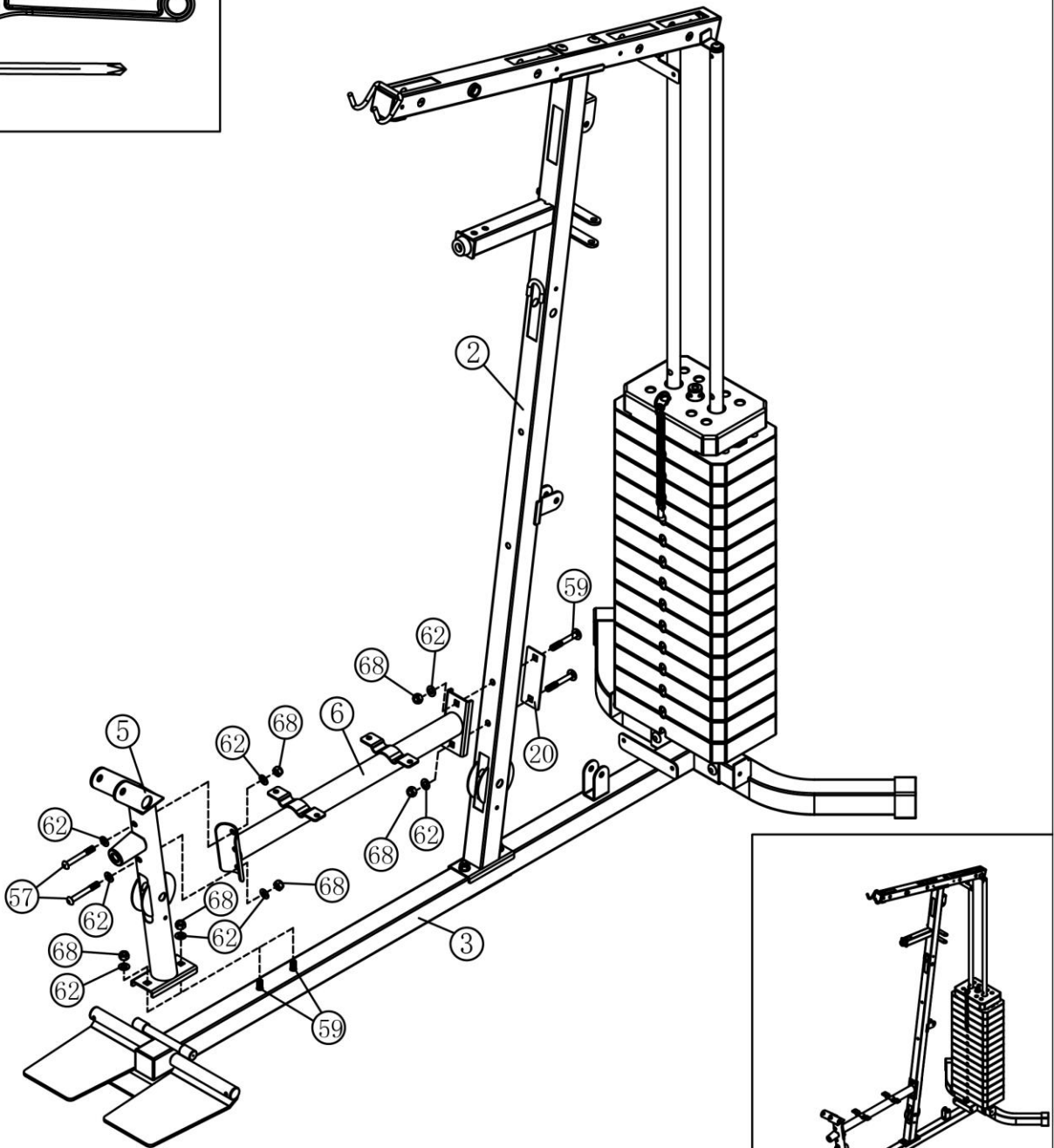
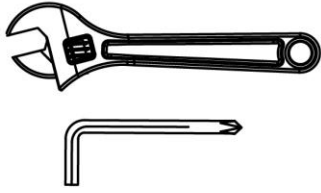
5

⑤⑨  2 M10×2 3/4"

⑥②  8 Ø 3/4"

⑤⑦  2 M10×2 3/4"

⑥⑧  6 M10

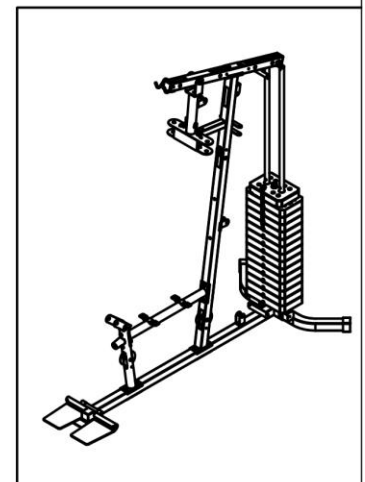
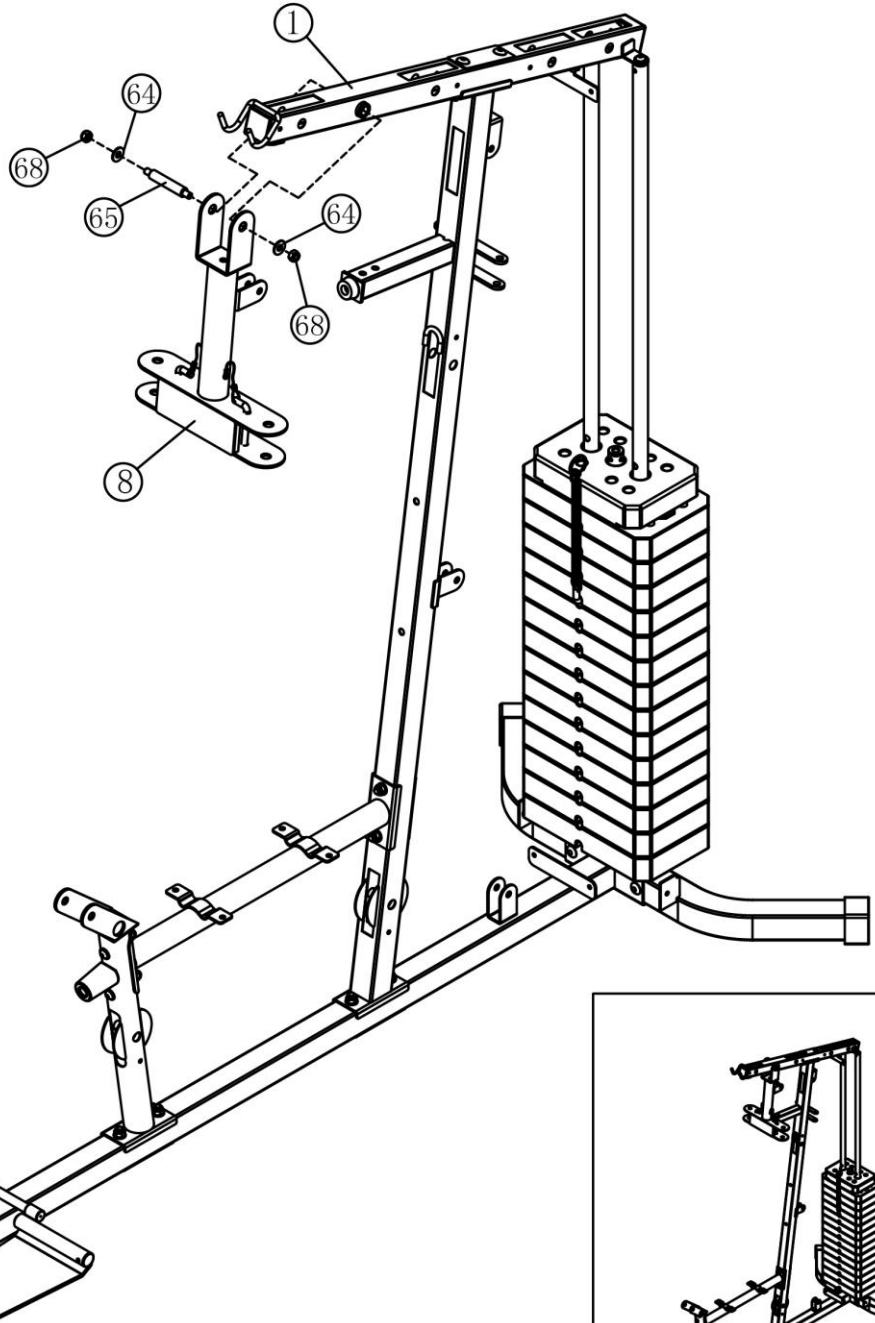
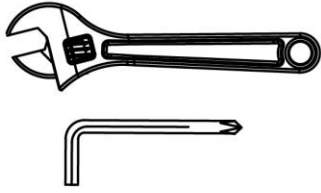


6

⑥5  1 $\text{Ø } \frac{5}{8}'' \times 4'' \times \text{M10}$

⑥4  2 $\text{Ø1''} \times \text{Ø } \frac{3}{8}''$

⑥8  2 M10



7

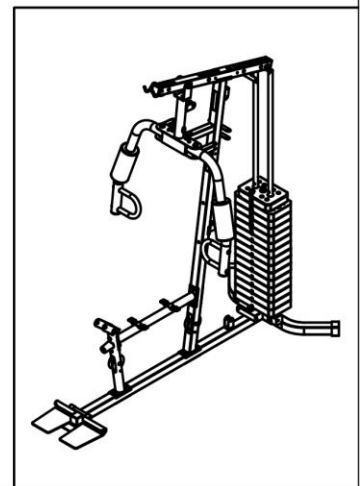
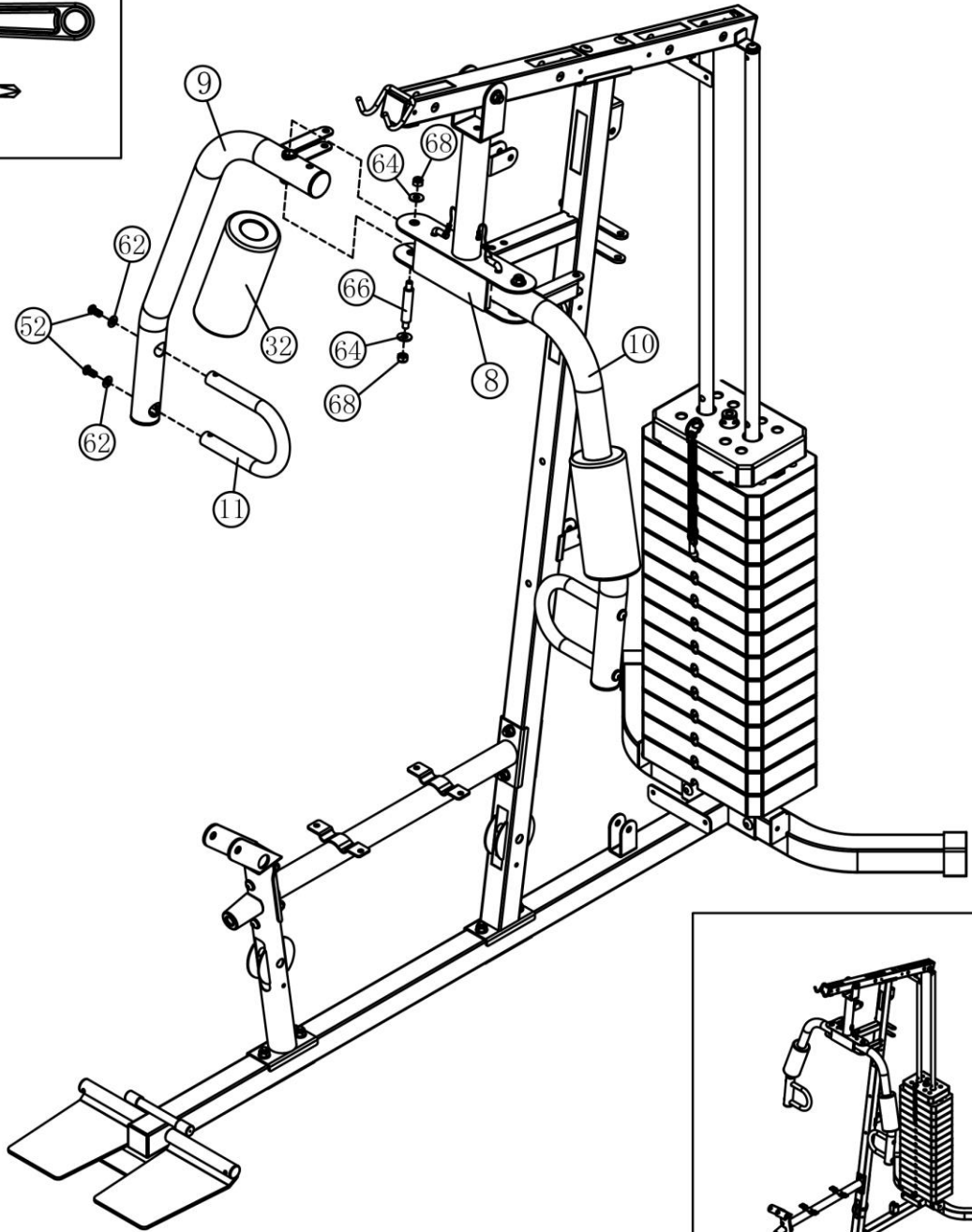
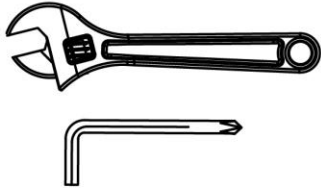
⑤②  4 M10 × $\frac{3}{4}$ "

⑥⑧  4 M10

⑥⑥  2 $\frac{5}{8}$ " × $3\frac{3}{4}$ " × M10

⑥②  4 $\frac{3}{4}$ "

⑥④  4 $1\frac{1}{8}$ " × $\frac{3}{8}$ "

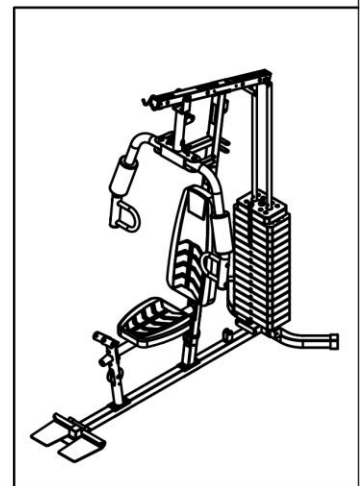
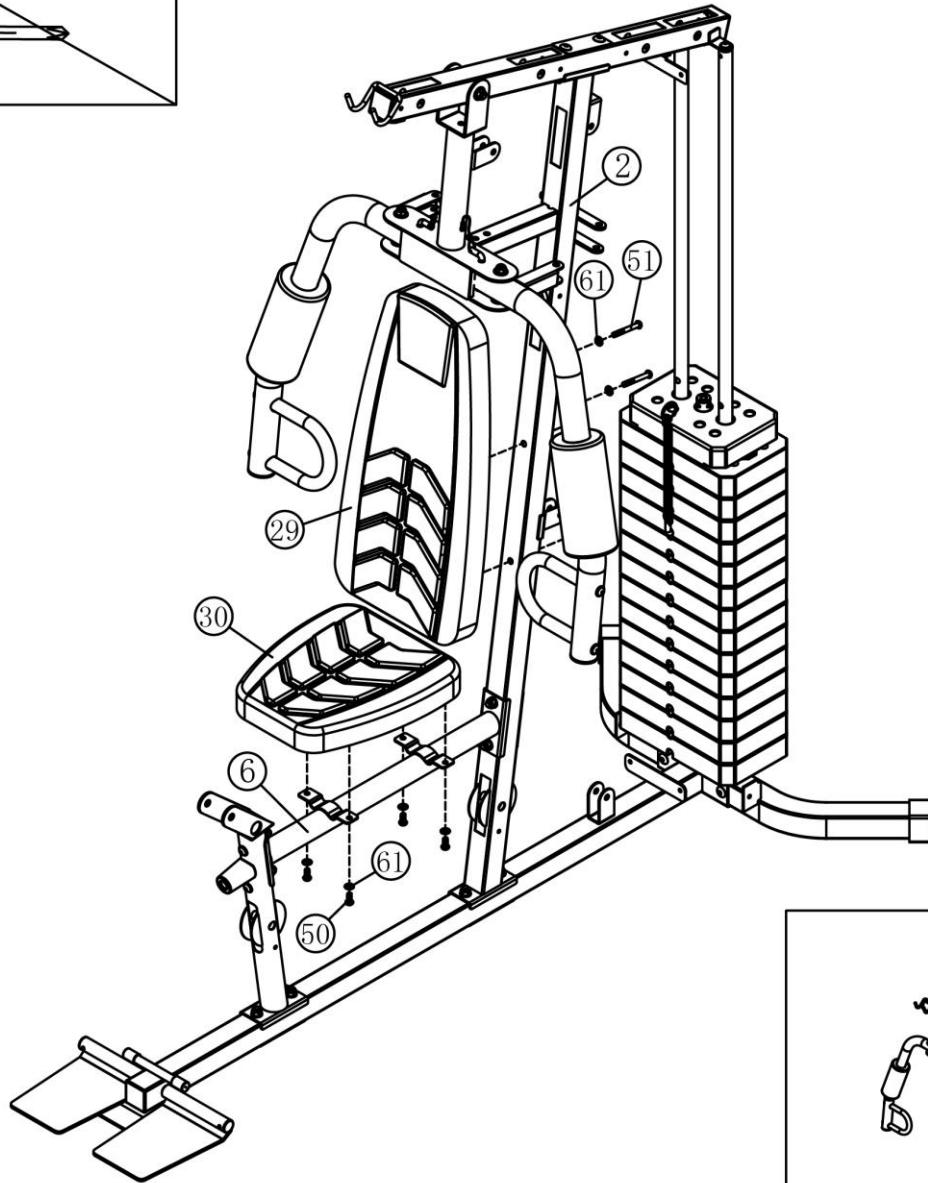
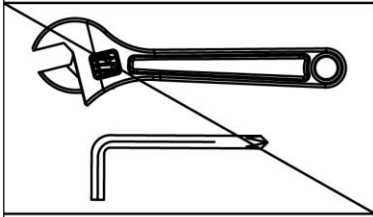


8

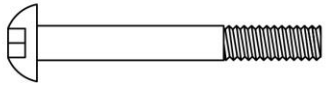
⑤① 4 M8 × $\frac{5}{8}$ "

⑤② 2 M8 × $2\frac{3}{4}$ "

⑥③ 6 $\varnothing\frac{5}{8}$ "

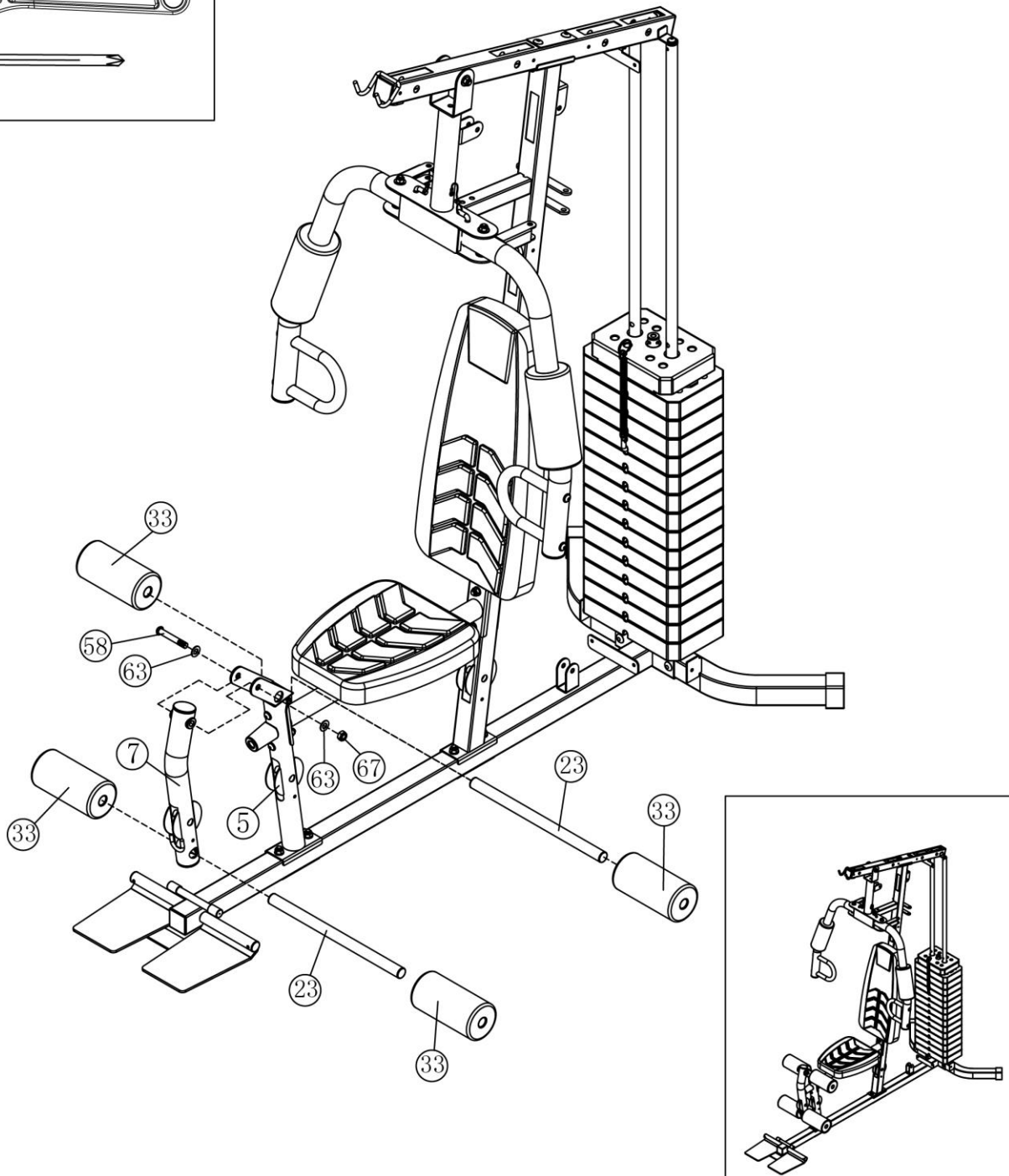
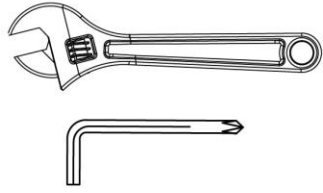


9

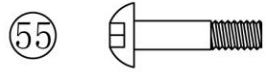
⑤⑧  1 M12 × 3 1/8"

⑥③  2 Ø 1"

⑥⑦  1 M12



10



2 M10×2"



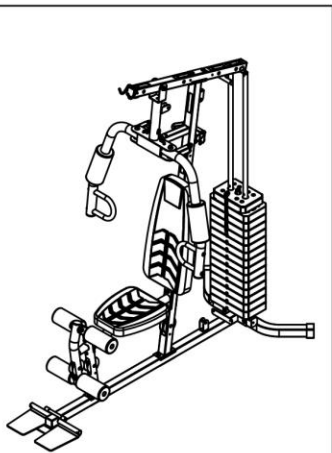
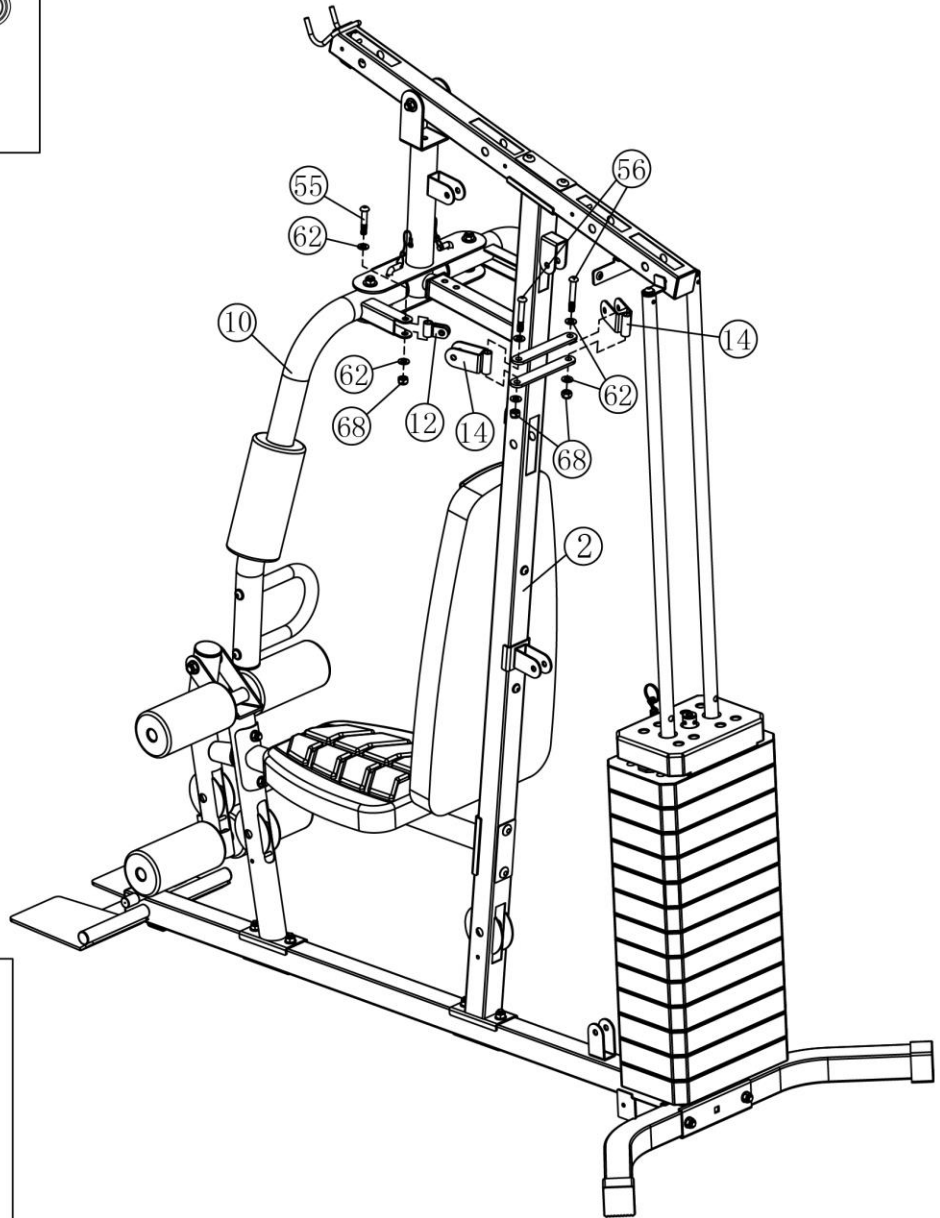
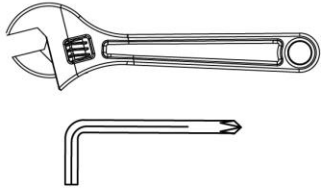
8 Ø 3/4"



2 M10×2 1/2"



4 M10

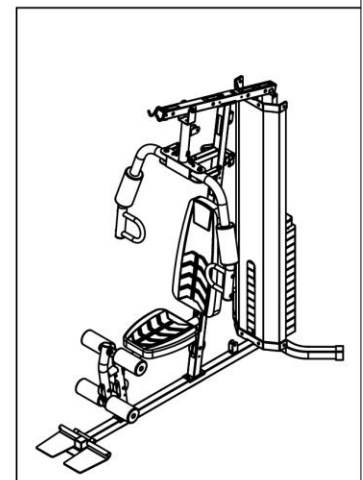
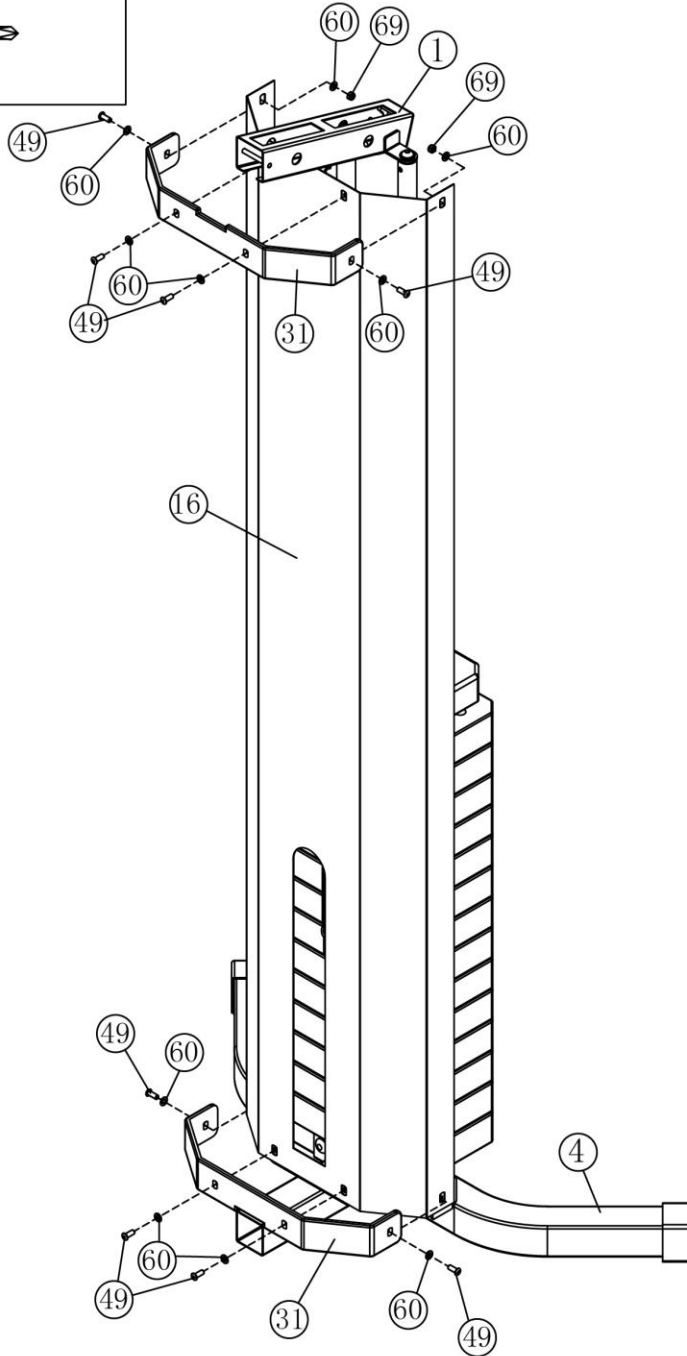
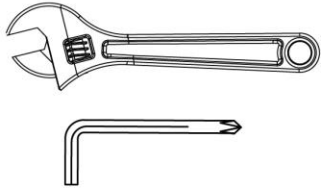


11

④⑨  8 M6 × $\frac{5}{8}$ "

⑥⑨  2 M6

⑥⑩  10 $\varnothing \frac{1}{2}$ "



12

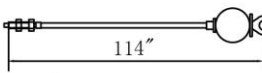
⑤④  3 M10×1 3/4"

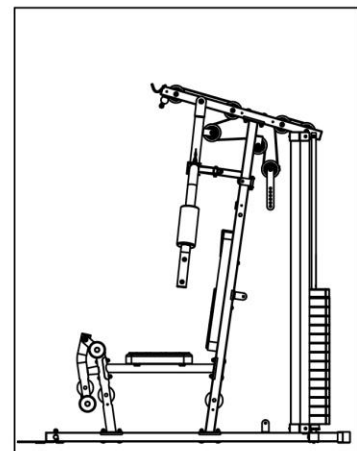
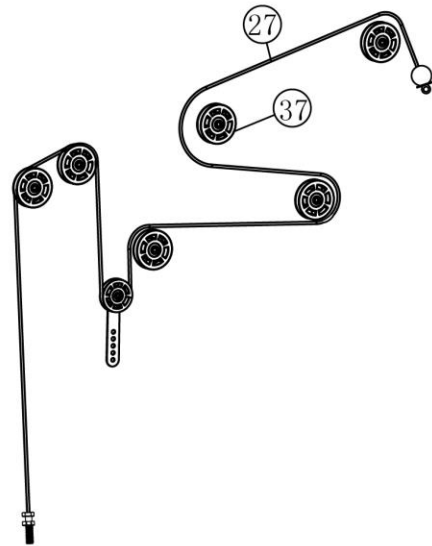
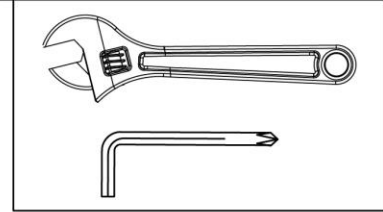
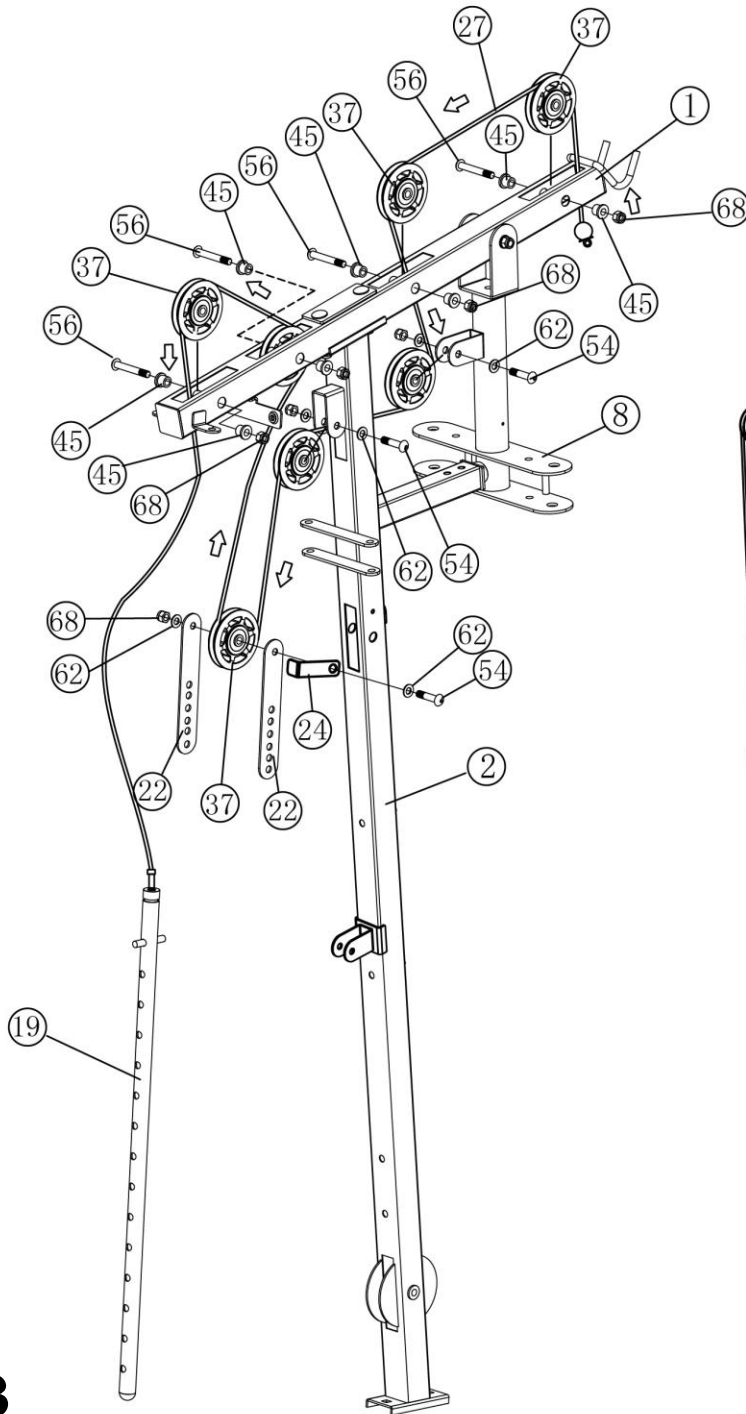
⑥②  6 Ø 3/4"

⑤⑥  4 M10×2 1/2"

⑥⑧  7 M10

④⑤  8 Ø 7/8" × 1/2"

②⑦  114" 1

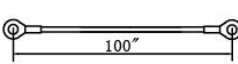


13

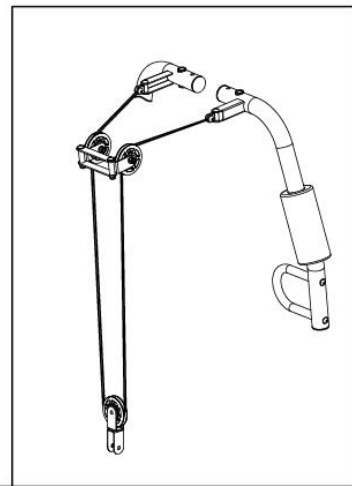
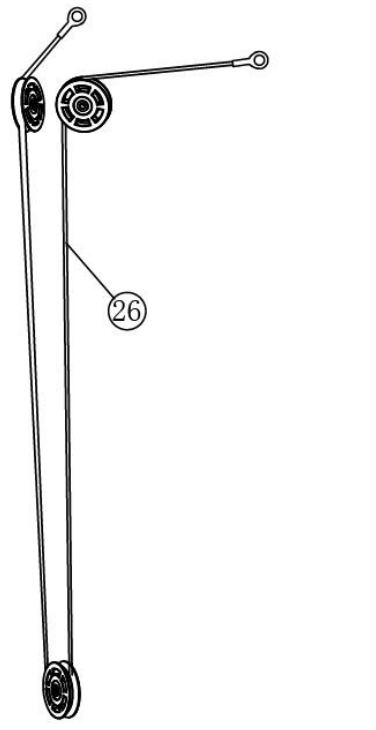
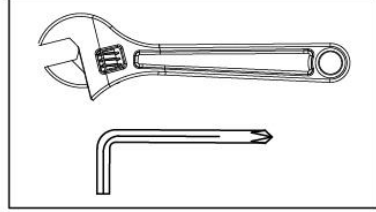
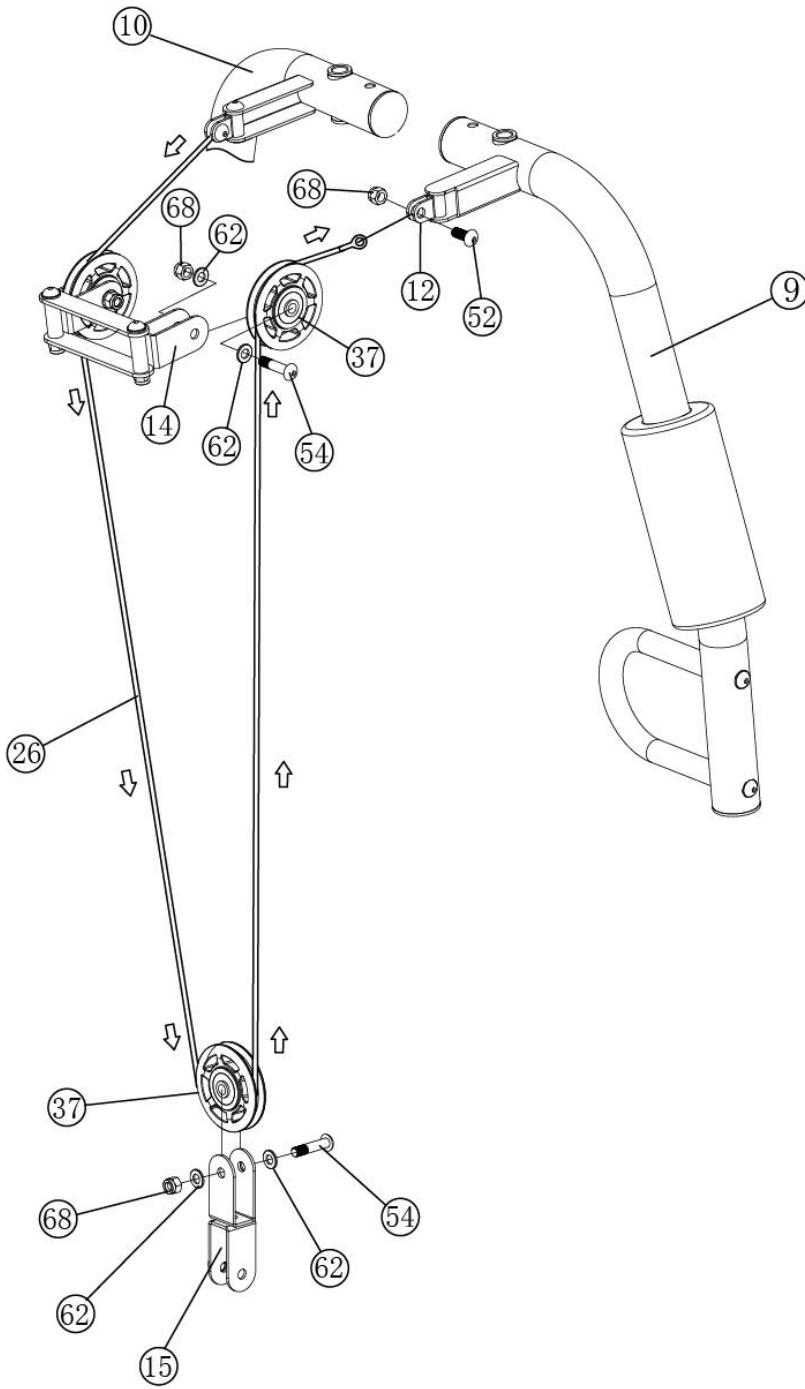
52  2 M10 × 3/4"

54  3 M10 × 1 3/4"

62  6 Ø 3/4"

26  100"

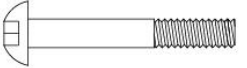
68  5 M10



14

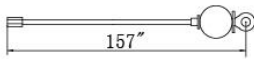
54  4 M10×1 3/4"

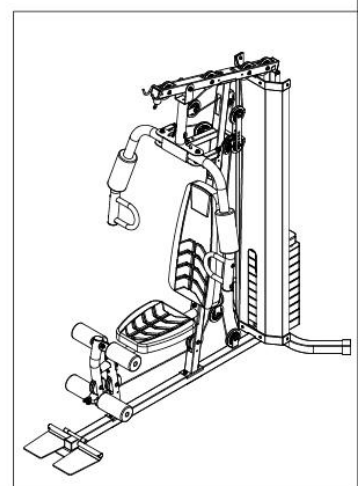
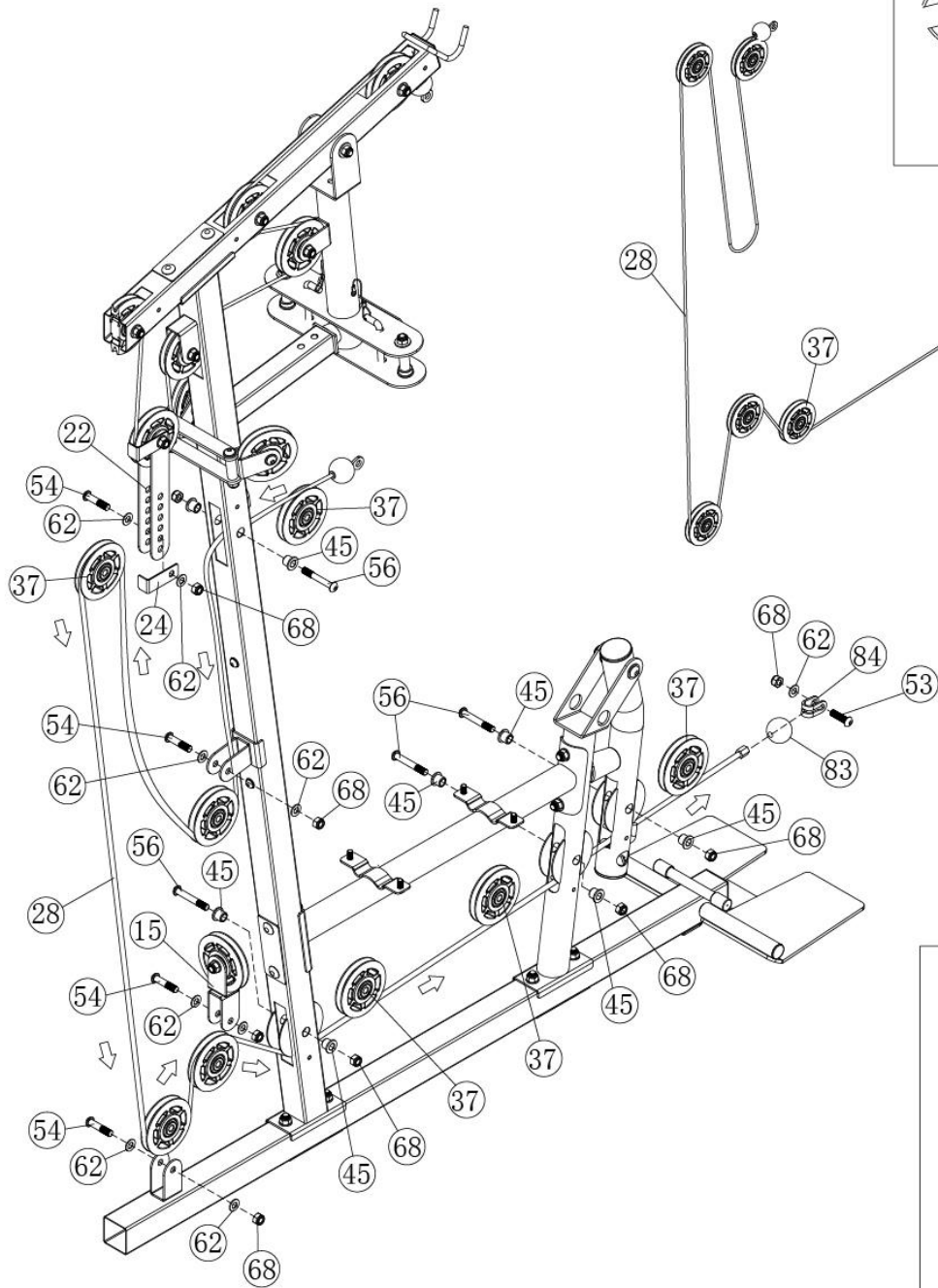
62  9 Ø 3/4"

56  4 M10×2 1/2"

68  9 M10

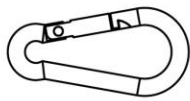
45  8 Ø 7/8" × 1/2"

28  157" 1



15

47

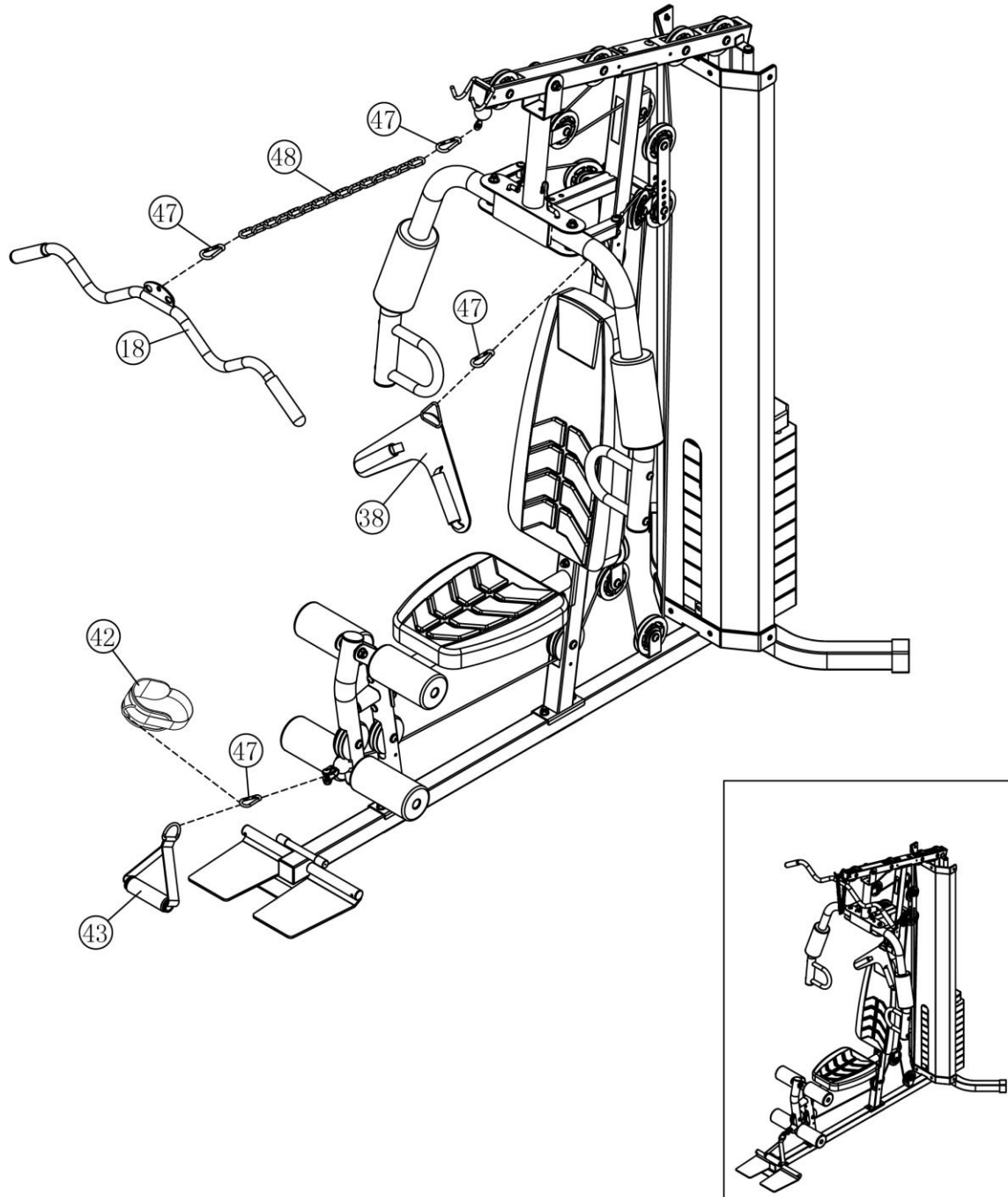


4 7# Clip hooks

48

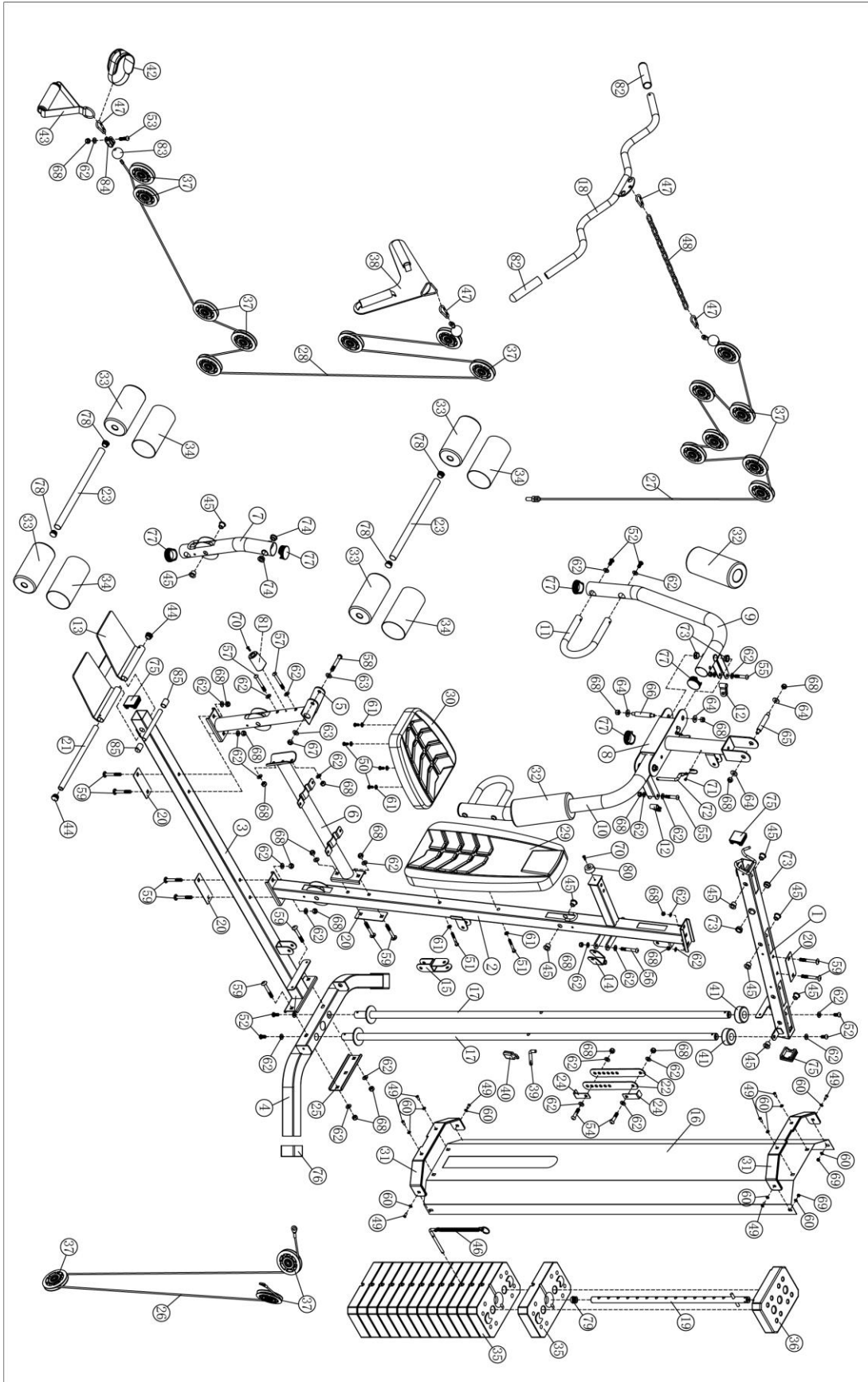


1 Chain



16

EXPLODED DIAGRAM



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